



**THE
FITNESS
CENTER**
of Lilburn



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BASKETBALL COURT!

Non Member Open Gym Rates:

Open Gym Rate - **\$10**

Gives you full access to the Fitness Center
and the basketball court for the day!

Weekend Gym Special - **\$15**

Gives you full access to the Fitness Center
and the basketball court for the weekend!

Friday Night Open Gym
4pm - 8pm

Sunday Open Gym
2pm - 6pm

NEW



BOOT CAMP

*Monday, Wednesday
& Friday*
6am



Monday & Wednesday
7pm
Saturday
8am



Monday & Thursday
7pm
Saturday
9am

See staff for details....